

2019 ETA STATE NC CONVENTION WORKSHOPS

WORKSHOP I, 1:00 P.M. – 2:00 P.M.

“The Main Thing Lady” and Successful Coaching (PR)

Crowne

In this presentation you will meet who the students called the “Main Thing Lady,” a high school success coach. Success Coaches serve students who are at risk of not completing high school. In this workshop we will not only define successful coaching in Wayne County, North Carolina, but will share a powerful story of a student who learned and earned his high school diploma and achieved his lifelong dream.

Presenter: Veda McNair, *Iota*

Facilitator: Toby Worthington, *Mu*

Building Confidence with the New Dues Processing Procedure (SB)

Embassy

Learn more about the new dues processing procedure beginning with the 2019-2020 fiscal year. Become familiar with the electronic process that will compute all mathematical calculations to lighten the work for both chapter and state organization treasurers. Open to all, but most beneficial for chapter treasurers.

Presenter: Cathy Daugherty, DKG International President,
Alpha Alpha, Virginia

Facilitator: Connie Phifer Savell,
Eta State NC President, *Delta Tau*

From Murphy to Manteo (PR)

Hampton

Slip off your shoes and walk through the Old North State. Participants will interact with a giant map that allows for the integration of geography and multiple content areas. Bring geography back to life in this exciting and interactive floor map!

Presenter: Angela H. Kern, *Alpha Upsilon*

Facilitator: Lynn Smith, *Alpha Upsilon*

Teaching Triple-Threat: Music, Movement & Art (PR)

Terrell

Any subject area will benefit from the integration of music, rhythm, movement and art into its day-to-day instruction. Students will memorize and recall with greater efficiency, and have fun while doing it!

Presenter: Kristine “Kiki” Neale, *Beta Tau*

Facilitator: Misty Haithcock, *Beta Tau*

The “Gist” of DKG Educational Law & Policy (SB)

Newton

During this highly interactive workshop, participants will gain a deeper understanding of DKG’s purpose TO INITIATE, ENDORSE AND SUPPORT desirable legislation or other suitable endeavors in the interests of education and of women educators. Using a jigsaw style collaborative structure, participants will generate a “GIST” statement for how members can support excellence in education. Topics will focus on DKG International’s purposes and Eta State NC’s Legislative White Paper results. Additionally, participants will walk away with all the resources and materials needed to replicate the workshop with their chapters.

Presenters: **Eta State NC Educational Law & Policy Committee**

Facilitators:

Patricia Fecher, *Gamma Kappa*

Susan Phipps, Chair, *Alpha Gamma*

Susan Phipps, Chair, *Alpha Gamma*

Rosalie Bisette, *Omicron*

Rosalie Bisette, *Omicron*

Karen Creech, *Alpha Beta*

Karen Creech, *Alpha Beta*

Kennan Eaddy, *Delta Sigma*

Kennan Eaddy, *Delta Sigma*

Lynn Ragsdale, US Forum Representative, *Alpha Beta*

WORKSHOP I, 1:00 P.M. – 2:00 P.M. (CONTINUED)***The Wonder Woman Within: Strategies for Engaging Your Inherent Super Powers (PR)* Carolina**

Life is busy, especially for women in leadership. However, the best way to navigate the busyness while still creating your best life is to curate your own opportunities to let go of stress and connect with your values. This workshop will lay out a simple and practical framework for engaging your inherent super powers and will introduce attendees to accessible techniques in mindfulness and laughter yoga that can be done independently or used with groups.

Presenter: Sarah Broughton, MSW

Facilitator: Phyllis J. Broughton, *Beta Upsilon*

Teaching Students in the Autism Spectrum (PR) Parlor

Presenter will offer various topics related to teaching students with autism. After sharing a few suggestions or personal stories, time will be allotted for table talk and sharing on the topic before moving to the next topic.

Presenter: Amy Smith, *Delta Pi*

Facilitator: Susan Lee, *Delta Pi*

Do Those Google Forms Have You Baffled? (PR) Conover

Eta State NC is using more Google Forms to collect data more than ever. It makes it easier to compile the info—but what about on your end?! Are you unsure how to complete and submit them? You think you did it right but it won't submit? Come to a primer on Google Forms. We'll cover the basic and take the mystery out of creating, filling out, and submitting Google Forms.

Presenters: Susan Kuenzel, *Eta Data Editor, Delta Chi*

Facilitator: Penni Robinson, *Alpha Nu*

Deb Christensen, *Eta State NC Communications & Publicity Chair, Alpha Zeta*

Beginning Teacher Support Make and Take (SB, PR, PE) Round Wheels Lounge

Attendees will collaborate and learn about items/activities that can enhance a beginning teacher's year or even bring some "sparkle" back into the veteran teacher's day.

Presenters: **Eta State NC Beginning Teacher Support Committee**

Facilitators:

Tammy Albright, Chair, *Delta Iota*

E. Ashley Barnette, *Gamma Chi*

E. Ashley Barnette, *Gamma Chi*

Ada Evans, *Gamma Gamma*

Ada Evans, *Gamma Gamma*

Melinda Pennington, *Mu*

Melinda Pennington, *Mu*

Brenda Reese, *Alpha Gamma*

Brenda Reese, *Alpha Gamma*

Making Your Own Journal or Sketch Book (SB, PR, PE) Suite 1019

Note: Workshop limited to 12 participants

Participants will create their front and back cover for their book. Then they will use the stitching instruction sheet provided to stitch signatures together. They will select ribbon to hold the book front and back and signatures together. Demonstrations for each step will be given. Samples of different types of books will be on display.

Presenter: Diane W. Garner, *Alpha Epsilon*

Facilitator: Stephanie McSwain, *Alpha Epsilon*

WORKSHOP I, 1:00 P.M. – 2:00 P.M. (CONTINUED)**Have You Considered Serving as the Executive Secretary? Editor? Webmaster? (SB) Upper Atrium**

Learn the job descriptions for these important positions within our state organization to determine if you are the right candidate for the job.

Presenters: Eta State NC Personnel Committee

Suzi Cabe, *Alpha Iota*

Linda Little, *Delta Chi*

Carolyn Lane, Chair, *Gamma Epsilon*

Dr. Betty Wells Brown, *Gamma Sigma*

Sue Roberts, *Beta Tau*

Facilitators:

Carolyn Lane, Chair, *Gamma Epsilon*

Dr. Betty Wells Brown, *Gamma Sigma*

Connie Phifer Savell, Eta State NC President, *Delta Tau*

WORKSHOP II, 2:10 P.M. – 3:10 P.M.**Shine & Sparkle (SB)****Crowne**

Join the Eta State NC Awards Committee as we provide you with information that will assist your chapter with achieving a better understanding of the Chapter Achievement, Founders, Golden Key, and Rising Star awards. You'll have an opportunity to ask questions and listen to past Chapter Achievement Award winners as they share their projects and successes.

Presenters: Eta State NC Awards Committee

Donna Rudisill, Chair, *Nu*

Valerie Boyd, *Delta Tau*

Karen Buhrman, *Alpha Upsilon*

Susie Miller, *Gamma Delta*

Teresa Shadoin, *Alpha Gamma*

Facilitators:

Valerie Boyd, *Delta Tau*

Karen Buhrman, *Alpha Upsilon*

Susie Miller, *Gamma Delta*

Teresa Shadoin, *Alpha Gamma*

Scholarship Stars (SB, PR, PE)**Embassy**

Past scholarship recipients share how Eta State NC scholarships helped them in their professional growth. Learn how to apply and get some special tips on how Eta State NC can help you on your professional growth journey.

Presenters: Eta State NC Scholarship Committee

Michelle Taylor Benignio, Chair, *Alpha Phi*

Elisabeth Harrell, *Tau*

Betty LeRoux, *Delta*

Dr. Kim Pemberton, *Beta Delta*

Facilitators:

Elisabeth Harrell, *Tau*

Betty LeRoux, *Delta*

Dr. Kim Pemberton, *Beta Delta*

Connie Phifer Savell, Eta State NC President,
ex officio, *Delta Tau*

Keeping Our Stories: Priceless Gifts without Price (PR, PE)**Hampton**

In our fast-paced world, we still need roots that knowledge of heritage provides for us. Julia Taylor Ebel, author of North Carolina books that speak across generations, will lead a discussion of ways we can keep and share the stories of our heritage and communities, both personally and within school settings. Particular attention will be given to strong females in unfamiliar and unlikely places.

Presenter: Julia Taylor Ebel, *Chi*

Facilitator: Gayle Brookbank, *Chi*

WORKSHOP II, 2:10 P.M. – 3:10 P.M. (CONTINUED)**Level Up Instruction with Technology (PR)****Terrell**

This workshop will help current elementary classroom teachers, tutors, and even parents, provide valuable options from all levels of the SAMR model for high level digital learning experiences. Bring your personal device, wi-fi hotspot or access code to tap into new website resources, Google insights and coding as well as more hands-on opportunities to creatively incorporate technology. We'll also explore some tech-free activities that may be integrated into content areas. Everyone is sure to walk away with a new eLearning idea for immediate use in the classroom.

Presenter: Melinda Willison, *Kappa*Facilitator: Deborah Dryden, *Kappa***Being Trauma-Informed: It's Not Just for Hospitals Any More! (PR)****Newton**

Because Adverse Childhood Experiences (ACEs) continue to impact students' emotional, physical, and academic progress, schools need to create environments where every member of the learning community is trauma-informed. This workshop will provide compelling information regarding how early this approach needs to start for students and their families and how this isn't just another job for teachers. Get informed about Trauma-Informed!

Presenter: Kathy Seeger Rhoades, *Gamma Iota*Facilitator: Mary Craven Poteat, *Gamma Iota***Chapter Websites with Weebly (SB)****Carolina**

This workshop will allow attendees to create or update their chapter website in Weebly. Attendees will need to bring a computer or tablet, chapter yearbook or access to information such as chapter officers, calendar of events and photographs. This allows attendees to spend time creating, or updating, the website while having a chance to ask questions and seek the advice of other attendees. Attendees with computer and information will be given preferential treatment in seating. Those wishing to attend to listen or observe will depend on available seating.

Presenter: Elizabeth Winstead, *Beta Alpha*
Eta State NC WebmasterFacilitator: Ann Stocks, *Beta Alpha***Ready! Set! Edit! (SB, PR, PE)****Parlor**

This workshop, designed primarily for editors, will explore tips for publishing an award-winning newsletter. Participants will practice techniques for template design, inserting images, capturing information from *Eta Data*, creating hot links and much more. Bring your laptop, Chromebook or iPad to participate and learn some useful shortcuts and editing tools.

Presenter: Carol Bostian, *Eta State News* Editor, *Nu*Facilitator: Suzanne Cadwallader, *Nu***Generational Diversity (PR, PE)****Conover**

Millennials are a large and diverse group, so it is important to note that they cannot be homogenized. However, there are common characteristics of this group that can encourage an understanding of millennials' behaviors and attitudes. How does the millennial generation influence our school culture? Millennials have a different perspective than other generations and they also have different expectations from school leaders. Participants will develop a better understanding of the Millennial Teacher and collaborate on issues of generational diversity within schools and learn how to capitalize on Millennials and Gen-Xers' strengths.

Presenter: Dr. Kimberly Simmons, *Gamma Delta*Facilitator: Dr. Mandy Taylor, *Gamma Delta*

WORKSHOP II, 2:10 P.M. – 3:10 P.M. (CONTINUED)**Add Some Pizazz to Your Orientation & Reorientation Sessions (SB)****Round Wheels Lounge**

Attendees will have an opportunity to create a bag filled with items that serve as reminders of the seven purposes of DKG. These visual reminders will help reinforce the DKG purposes. Attendees will also receive a chapter brochure, elevator card, membership promises and a recommitment to DKG. Time will be given for attendees to share their successes with orientation and reorientation.

Presenter: Nancy Tunstall, *Gamma Chi*Facilitators: Evelyn Hall, *Gamma Chi*
Shirley White, *Gamma Chi***Fun with Basket Weaving (PE)****Suite 1019**Note: Workshop limited to 12 participants

The presenter loves to weave baskets. In this workshop participants will be shown different baskets, how they are made, materials used to make them and, hopefully, have the attendees weave a little themselves.

Presenter: Joy Campbell, *Gamma Delta*Facilitator: Susie Miller, *Gamma Delta***How-To Workshop on Establishing A Limited Foundation Endowment by a Chapter or a Group of Chapters (SB)****Upper Atrium**

Want to establish a limited endowment (or endowment) for a specific purpose or to honor or in memory of an outstanding educator or individual? Come to this workshop to learn the How-To's. You will leave with guidelines for your chapter.

Presenter: Dr. Barbara B. Leonard, Fundraising Committee,
NC DKG Educational Foundation, *Gamma Alpha*Facilitator: Dr. Sherry Willis, *Alpha Nu***WORKSHOP III, 3:20 P.M. – 4:20 P.M.****The Ties That Bind: Creating Chapter Loyalty to Engage & Retain Members (SB, PE)****Crowne**

The Eta State NC Membership Committee will present ideas that cover all aspects of membership from recruiting to renewing.

Presenters: **Eta State NC Membership Committee**

Facilitators:

Mary Beth Dailey, Chair, *Beta Omicron*Dr. Susan Blackburn, *Delta Chi*Dr. Susan Blackburn, *Delta Chi*Amanda Moose, *Nu*Amanda Moose, *Nu*Thommi Hendricks, *Delta Iota*Amanda Morris, *Gamma Lambda*Penny Dawson, *Sigma*Thommi Hendricks, *Delta Iota*Penny Dawson, Expansion Representative, *Sigma***Brain Breaks in the Classroom (PG)****Embassy**

Research tells us that students need "brain breaks" and physical movement during instruction. Such activities help to stimulate various parts of the brain and maximize learning. Activities that require crossing the body's midline in some way are particularly effective for activating both sides of the brain. Participants in this workshop will learn multiple activities to use as brain breaks in the classroom. These are applicable for any grade level.

Presenter: Dr. Leslie Baldwin, *Zeta*

Facilitator:

WORKSHOP III, 3:20 P.M. – 4:20 P.M. (CONTINUED)**Chapter Rules: Review-Revise-Redo-Renew-Rejoice! (SB)****Hampton**

Don't know where to start with revising your rules as a result of the amendments that were passed at the DKG International Convention in Austin in July 2018? Come to our workshop and we will help you identify where changes need to be made and how they will affect each chapter. Bring a copy of your chapter rules (optional) to this workshop and leave with a checklist of necessary revisions and inclusions. Updated, clearly stated guidelines will get your chapter on the road to renewed and revised rules so that your rules committee can relax and rejoice!

Presenters: Eta State NC Rules Committee**Facilitators:**Tobey Worthington, *Mu*Tammy Cullom, Chair, *Alpha Psi*Tammy Cullom, Chair, *Alpha Psi*Becky Keesler, *Alpha Theta*Becky Keesler, *Alpha Theta*Dr. Barbara Piekarski, *Gamma Phi*Dr. Barbara Piekarski, *Gamma Phi*Connie Phifer Savell, Eta State NC President, *Delta Tau*Betty Marshall, Eta State NC Parliamentarian, *Gamma Theta***Being a STAR – Introduction to Conscious Discipline (PR, PE)****Terrell**

Conscious Discipline is a comprehensive social and emotional intelligence classroom management program that empowers both adults and children. Conscious Discipline is a journey requiring an open mind and an open heart. The journey starts by learning the seven powers of Self-Control which shift your focus from blame to solutions, from punishment to teaching and from fear to love. Conscious Discipline is a framework to help us in our struggles with our children; it is not a prescription but it is a process of learning life skills to help us in all our relationships. Empowers both parents and their children to learn about themselves and grow personally.

Presenter: Meghan Elizabeth Miller, *Gamma Gamma*Facilitator: Melinda Sellers, *Gamma Gamma***DLCs and Me: Learning About NC's Digital Learning Competencies for Teachers (PR)****Newton**

NC educators renewing their professional licenses on or after June 30, 2019, are required to earn two units of Digital Learning Competency credit. Why is this a licensure requirement? What are Digital Learning Competencies? How can an educator earn Digital Learning Competency credits? Come to this workshop to get to know the DLCs. This will be an interactive workshop, and participants will benefit from bringing a digital device.

Presenter: Kathy Parker, *Delta Rho*Facilitator: Teresa Sain, *Beta Epsilon***The 12 Week Year (SB, PR)****Carolina**

Participants will learn about implementing "The 12 Week Year" into their personal and professional lives. The focus is on moving away from 52 week "annualized" planning and breaking down your goals into more realistic and highly achievable 12 week time frames that allow for reflection and celebration. The process is based on the book *The 12 Week Year* by Brian Moran and Michael Lennington.

Presenters: Eta State NC Leadership Development Committee**Facilitators:**Tonya Welch, Chair, *Chi*Tomika Altman-Lewis, *Eta*Tomika Altman-Lewis, *Eta*Carolyn Coram, *Beta Nu*Carolyn Coram, *Beta Nu*Luanne Rose, *Delta Mu*Luanne Rose, *Delta Mu*Michelle Wall, *Alpha Psi*Michelle Wall, *Alpha Psi*Connie Phifer Savell, Eta State NC President, *Delta Chi*Dr. Teresa Cowan, Eta State NC First Vice-President, *Alpha Phi*

WORKSHOP III, 3:20 P.M. – 4:20 P.M. (CONTINUED)**Role Reversal: Making a Difference for the People Making a Difference (PR)****Parlor**

This workshop focuses on strategies for supporting effective teachers in the age of high stress, high stakes accountability. Our presentation is beneficial for teachers who support other teachers and/or provide professional development.

Presenter: Dr. Mandy Taylor, *Gamma Delta*

Facilitator: Lori Walters, *Delta Tau*

Innovation & Design Thinking: What the Buzzwords Really Mean (PR)**Conover**

In this workshop participants will explore what innovation truly is: significant positive change. Participants will learn about design thinking, a process for creative problem solving that can lead to innovation. They will have the chance to participate in a design challenge, explore how one school in rural eastern North Carolina is leveraging it, and consider how they might apply it to their own personal and professional lives.

Presenter: Jenny O'Meara, *Gamma Chi*

Facilitators: Evelyn Hall, *Gamma Chi*
Nancy Tunstall, *Gamma Chi*

Add a Touch of "Sparkle" to your Chapter Meetings (PE)**Round Wheels Lounge**

Note: Workshop limited to 20 participants

Two DKG sisters share this "make-it, take-it" workshop offering hand-crafted items that can be used as favors and/or fundraisers for your chapter. It will be hard to believe that such easy-to-make items are so beautiful and profitable. Each attendee will create an item to take back to their chapter. In addition, they will receive instructions for several other items that will add "sparkle" to any special event that your chapter might be hosting or add funds to your chapter account. Come join in the fun as we make these sparkling creations.

Presenter: Hazel Walker, *Delta Xi*

Facilitator: Laura Lavin, *Delta Xi*